



Carolinan HealthCare System

Your Health
and Retirement
at CHS

Did YOU Know?

New CHS LiveWELL Family Incentive

Teammates,

We are offering teammates with family coverage on the CHS LiveWELL Health Plan the opportunity to earn an additional \$300 CHS LiveWELL Family Incentive this year and going forward.

To date, 2,822 teammates have earned their family incentives by taking advantage of free preventive healthcare services covered by the CHS LiveWELL Health Plan and enjoying healthy activities with their families.

Many of you have already met the requirements to earn the CHS LiveWELL Family Incentive.

- You and your family members have been accessing preventive care services
- Participation in CHS LiveWELL activities including walks, intramurals, race series and Fitness in the Park is up 70% this year, and you are active in your community, church and educational organizations

Take a few minutes to complete a short survey and receive your reward by visiting livewell.carolinashhealthcare.org/incentive. The deadline for completing the survey to receive your incentive this year is October 31, 2016.

Please know, in 2017 the CHS LiveWELL Family Incentive will be offered as a pretax contribution to your Health Savings Account along with the rest of the CHS LiveWELL Incentives.

Be well,

Debra



Debra Plousha Moore

Chief Human Resources Officer

Executive Vice President

Together, let's prepare for today and plan for the future.

To learn more about Your Health and Retirement at CHS, please visit:

healthandretirement.carolinashealthcare.org