

Your Health and Retirement

Did YOU Know?

Key Resources for Your Health and Retirement at CHS

Teammates.

I continue to receive excellent questions from you about your health and retirement benefits. This tells me you are being smart healthcare consumers and making thoughtful decisions for your financial health.

Your top two resources for getting answers to your health and retirement questions are:

 The website <u>healthandretirement.carolinashealthcare.org</u>, which may be accessed anytime, anywhere, on any mobile device, as well as through the following icon on PeopleConnect



News & Alerts



Classes & Events



CHS LiveWELL



Yamm



Retirement

The CHS Benefits Administration hotline at 704-631-0263

Please know, it is my goal that you have the tools and resources you need to effectively **Plan**, **Partner** and **Participate** with CHS to understand and maximize your health and retirement benefits.

Enjoy a great week.

Debra



Together, let's prepare for today and plan for the future.

To learn more about Your Health and Retirement at CHS, please visit: **healthandretirement.carolinashealthcare.org**