



Carolinas HealthCare System

Your Health
and Retirement
at CHS

Did YOU Know?

New Reference Tool: Get Care Now

Teammates,

One of the best ways to manage healthcare costs is to select the right level of care for your illness or injury. We have a new [Get Care Now reference tool](#) to help you determine what level of care will best fit your needs. It describes the types of Carolinas HealthCare System care locations available and the services they provide.

It is important for you to know that costs and wait times will vary depending on the type of facility you access. The Nurse Advice Line is free and easily accessible, while the Emergency Department is generally the most expensive with varying wait times.

If you are uncertain which level of care to select, the Nurse Advice Line and the [CHS LiveWELL Health Plan Cost Estimator Tool by Castlight](#) can help.

Please know, it is my intent to provide you with tools and resources to help you make thoughtful and informed healthcare decisions for your family.

Remember, you may get answers to your benefits questions anytime, anywhere, on any device at healthandretirement.carolinashealthcare.org.

In good health,

Debra

A handwritten signature in black ink that reads "Debra".

Debra Plousha Moore

Chief Human Resources Officer
Executive Vice President

Together, let's prepare for today and plan for the future.

To learn more about Your Health and Retirement at CHS, please visit:
healthandretirement.carolinashealthcare.org