



Carolinacare System

Your Health
and Retirement
at CHS

Did YOU Know?

One-on-One Rx Saves Dollars on Prescriptions

Teammates,

In January, Carolinacare launched the One-on-One Rx program to help you manage the costs of your medications. One-on-One Rx provides all teammates, spouses and dependents who participate in the CHS LiveWELL Health Plan with access to free consultations with our Carolinacare pharmacists. This service has made a significant difference in the lives of more than 1,200 teammates.

Today, I want to update you on the dollars teammates and their families have saved so far this year using this benefit. During the first quarter of 2016, One-on-One Rx pharmacists helped teammates achieve over *\$1.5 million in savings* by working with them and their physicians to find lower cost medications and, when available, securing cost-saving tools.

These are impressive savings for anyone who takes medication for a chronic, ongoing condition or is concerned about the high cost of their medicine.

Please know, I encourage you to take advantage of the One-on-One Rx benefit and all the educational resources and tools we provide to help you understand [Your Health and Retirement at CHS](#).

To make an appointment for One-on-One Rx, visit www.carolinacarerx.org and click the link, "NEW! Schedule a FREE appointment with a One-on-One-Rx pharmacist." [Click here](#) to review the Preventive Drug List.

Enjoy a great week.

Debra



Debra Plousha Moore

Chief Human Resources Officer

Executive Vice President

Together, let's prepare for today and plan for the future.

To learn more about Your Health and Retirement at CHS, please visit:

healthandretirement.carolinashealthcare.org