



Carolinan HealthCare System

Your Health
and Retirement
at CHS

Did YOU Know?

Tips for Being a Good Healthcare Consumer

Teammates,

You are doing an excellent job of funding your Health Savings Account (HSA) and choosing the most appropriate place to receive care using the consumer-directed CHS LiveWELL Health Plan.

To help you continue your growth as a savvy healthcare consumer, I want to share a few guidelines to follow when you need care:

- **Before your visit.** Use the [CHS Cost Estimator Tool powered by Castlight](#) to find a provider in the CHS network. Using the CHS network of providers is the most cost-effective route to meeting your deductible
- **When you visit a doctor.** You may notice that payment requests at time of service vary. You have two options if this occurs:
 - You may request to delay payment until you receive your final bill
 - You may use your HSA funds to pay and the payment will go towards your final bill and deductible
- **Make the most of your visit.** [Ask your provider the right questions](#)

Please know, as a CHS teammate, being a smart healthcare consumer not only helps you and your family – you are contributing to the transformation of healthcare.

Thank you for all you do on a daily basis to support your fellow teammates, our patients and their families.

Have a wonderful week.

Debra



Debra Plousha Moore

System Chief of Staff

Executive Vice President

Together, let's prepare for today and plan for the future.

To learn more about Your Health and Retirement at CHS, please visit:
healthandretirement.carolinashealthcare.org