



Carolinas HealthCare System

Your Health
and Retirement
at CHS

Did YOU Know?

Revisit Your Health Plan Summary

Teammates,

Many of you have written me with questions about the CHS LiveWELL Health Plan; you are asking very good questions and it is evident that you have become good healthcare consumers. Now that you are actively using the plan, I ask that you **take five minutes this week to revisit your [Health Plan Summary](#)** to make sure you understand how both the medical and prescription drug plans work and where to find critical health plan information when you need it.

In your Health Plan Summary, you will find:

- Explanation of how your Health Savings Account (HSA), deductible, co-insurance and out-of-pocket maximum work
- Summary of your prescription drug benefits
- How to fund your HSA and premium amounts
- Key contacts for health plan and HSA questions

If you have benefits questions, you can get answers anytime, anywhere, on any device at healthandretirement.carolinashealthcare.org.

Be well.

Debra

Debra Plousha Moore

Chief Human Resources Officer
Executive Vice President

Together, let's prepare for today and plan for the future.

To learn more about Your Health and Retirement at CHS, please visit:
healthandretirement.carolinashealthcare.org